

# The Vesta View

Southern California/Nevada Market Report



## Layered With Flavor

*"Spring onions are a gentle promise of flavor to come."  
— Alice Waters*

Local Strawberries from Tamai Family Farms #12252 and Harry's Berries Gaviotas #01614 both in stock are looking and tasting great right now.

Scott Farms has begun their stone fruit season and we have New! #10507 White Tree ripe Peaches 1-layer case, #10508 White Tree ripe Nectarines 1-layer case, #10509 Tree ripe Nectarines 1-layer case, and #10510 Tree ripe Peaches 1-layer case. The fruit will run smaller and lighter in flavor to start, but will continue to improve each week. New! #01081 CA Cherries in a 16lb case are in stock, starting with the early Royal Tioga variety. The commodity CA cherry crop is expected to be smaller this year and prices will likely remain higher than last year. Please be reminded that we also have in stock Murray Family Farms #13231 Premium Cherries 4lb available; Early Glen and Arvin Glen are their first varieties.

New! #10842 Buddha Hands are available for a very short time this spring; about 1-2 weeks of availability. CA citrus is winding down this month. Lime prices have increased again, large 110/150ct are especially limited.

## VESTA UPDATES

Access our Cultivate Spring issue [here](#).

### Mark your calendars:

May 11<sup>th</sup> - Mother's Day  
May 26<sup>th</sup> - Memorial Day  
June 15<sup>th</sup> - Father's Day  
June 19<sup>th</sup> - Juneteenth  
June 20<sup>th</sup> - Summer Solstice  
July 4<sup>th</sup> - Independence Day  
September 1<sup>st</sup> - Labor Day

## BEST FRUIT OPTIONS

Tangerines/Ripe to You  
Blood Oranges/CA  
Heirloom Navel Oranges/Ripe to You  
Oro Blanco Grapefruit/Bernard Ranch  
Pixie Tangerines/Friend's Ranch Ojai  
Organic Gaviota Strawberries/Harry's Berries  
Strawberries/Tamai Family Farms  
Green Strawberries/CA \*  
Mara de Bois Strawberries/Harry's Berries \*  
Cherimoya/Rincon Del Mar \*  
Muscat Grapes/South America  
Honey Mangoes/MX  
Cherries Premium/Murray Family Farms

\*Pre-order item

Lychee and Rambutan are back in stock. Starfruit will gap until June when the Florida season begins.

Regular Mangoes are now the Tommy Atkins variety from MX. This variety does have fiber, a great alternative for a buttery fiber free option would be the Honey Mango which is currently at it's peak of season.

As a reminder, it is a great time to feature Rhubarb right now as the price is down and we are getting a good supply from WA.

Haricot Vert continues to be limited due to weather and lower yields. Until then, Blue Lake beans may be substituted.

Brussels Sprouts are in very limited supply and up in price, leading us to pro-rate the product. The growers have communicated that the supply may be tight for a few more weeks due to the increase in hot temperatures and bug pressure in MX. The Salinas growing region isn't expected to start until mid-July.

Peewee Mix Potatoes will temporarily move to 2 colors towards the end of next week. The CA season has begun on Red, White, Purple, and Yukon Gold Potatoes.

We expect the CA Delta Asparagus to wind down at the end of May. Purple and White Asparagus remain available. #03964 AAA Jumbo White Holland Asparagus 5kg is available by pre-order, please ask your sales representative if you are interested.

#25468 Korean Cucumbers from Girl and Dug Farm have returned and are available to pre-order. Their Medley, Acid Trip, and Firebird tomatoes are expected to improve in supply each week moving forward.

Tomatoes from Baja CA will continue to be limited for another few weeks. 4x4 sized tomatoes are especially limited. The tomatoes sourced from the mainland MX will arrive light in color in the meantime. Shishito Peppers have come down in price and should improve in supply in the next couple of weeks. MX Hard Squashes are becoming limited in supply as MX winds down. We do not expect CA products until mid-June.

New! #00806 Lemon Verbena 4oz is available to order later this week. The supply for Chervil has improved but may be affected by the upcoming hot weather.

Morel Mushrooms are up in price. Chanterelle Mushrooms are now in better supply.

## BEST PLATE VEGETABLES

Asparagus  
Cabbage  
Endives  
English Peas  
Fava Beans  
Fennel  
Leeks  
Mustard Greens  
Potatoes  
Rainbow Chard  
Romanesco  
Snap Peas

## SEASONAL/LOCAL VEGGIES

Chefs Blend Mushrooms/Hokto Kinoko  
Chanterelle Mushrooms/USA  
Morel Mushrooms/Mixed origin  
Fiddlehead Ferns/NW \*  
Bloomsdale Spinach/Heirloom Organics  
Rhubarb/NW  
AAA White Asparagus/Holland \*  
Local English Peas/Tutti Frutti  
Ramps/USA  
Fuzzy Green Almonds/CA  
Stinging Nettles/CA \*  
CA Asparagus/San Joaquin Delta & Valley  
Cherry Mixed Tomatoes/Valdivia  
Nantes Carrots/Weiser Farms  
Green Spring Garlic/Riverdog  
Torpedo Red Onions w/ tops/Tutti Frutti \*  
White Spring Onions/Riverdog Farms  
Red Spring Onions/Riverdog Farms  
Baby Turnip/Babe Farms

\*Pre-order item

## FRESH ORIGINS

Please reach out to your sales representative for more information on the items we have available.

## WINDING DOWN OR DONE

Elephant Garlic	Navel Oranges
Jimmy Nardello Peppers	Blood Oranges
Stem and Leaf Tangerines	Fuzzy Green Almonds
Cara Cara Oranges	CA Meyer Lemons