

The Vesta View

Arizona Market Report



Layered With Flavor

*"Spring onions are a gentle promise of flavor to come."
— Alice Waters*

Local Strawberries from Tamai Family Farms #12252 and Harry's Berries Gaviotas #01614 both in stock are looking and tasting great right now.

New! #01081 CA Cherries in a 16lb case are in stock, starting with the early Royal Tioga variety. The commodity CA cherry crop is expected to be smaller this year and prices will likely remain higher than last year. Please be reminded that we also have in stock Murray Family Farms #13231 Premium Cherries 4lb available; Early Glen and Arvin Glen are their first varieties.

New! #10842 Buddha Hands are available for a very short time this spring; about 1-2 weeks of availability. CA citrus is winding down this month. Lime prices have increased again, large 110/150ct are especially limited.

Lychee and Rambutan are back in stock. Starfruit will gap until June when the Florida season begins.

Regular Mangoes are now the Tommy Atkins variety from MX.

VESTA UPDATES

Access our Cultivate Spring issue [here](#).

Mark your calendars:

May 11th - Mother's Day
May 26th - Memorial Day
June 15th - Father's Day
June 19th - Juneteenth
June 20th - Summer Solstice
July 4th - Independence Day
September 1st - Labor Day

BEST FRUIT OPTIONS

Tangerines/Ripe to You *
Blood Oranges/CA *
Heirloom Navel Oranges/Ripe to You *
Oro Blanco Grapefruit/Bernard Ranch *
Pixie Tangerines/Friend's Ranch Ojai *
Organic Gaviota Strawberries/Harry's Berries *
Strawberries/Tamai Family Farms *
Green Strawberries/CA *
Mara de Bois Strawberries/Harry's Berries *
Cherimoya/Rincon Del Mar *
Muscat Grapes/South America *
Honey Mangoes/MX *
Cherries Premium/Murray Family Farms *

*Pre-order item

This variety does have fiber. A great alternative for a buttery fiber free option would be the Honey Mango which is currently at it's peak of season.

As a reminder, it is a great time to feature Rhubarb right now as the price is down and we are getting a good supply from WA.

Haricot Vert continues to be limited due to weather and lower yields. Until then, Blue Lake beans may be substituted.

Brussels Sprouts are in very limited supply and up in price, leading us to pro-rate the product. The growers have communicated that the supply may be tight for a few more weeks due to the increase in hot temperatures and bug pressure in MX. The Salinas growing region isn't expected to start until mid-July.

Peewee Mix Potatoes will temporarily move to 2 colors towards the end of next week. The CA season has begun on Red, White, Purple, and Yukon Gold Potatoes.

We expect the CA Delta Asparagus to wind down at the end of May. Purple and White Asparagus remain available. #03964 AAA Jumbo White Holland Asparagus 5kg is available by pre-order, please ask your sales representative if you are interested.

#25468 Korean Cucumbers from Girl and Dug Farm have returned and are available to pre-order. Their Medley, Acid Trip, and Firebird tomatoes are expected to improve in supply each week moving forward.

Tomatoes from Baja CA will continue to be limited for another few weeks. 4x4 sized tomatoes are especially limited. The tomatoes sourced from the mainland MX will arrive light in color in the meantime. Shishito Peppers have come down in price and should improve in supply in the next couple of weeks. MX Hard Squashes are becoming limited in supply as MX winds down. We do not expect CA products until mid-June.

New! #00806 Lemon Verbena 4oz is available to order later this week. The supply for Chervil has improved but may be affected by the upcoming hot weather.

Morel Mushrooms are up in price. Chanterelle Mushrooms are now in better supply.

BEST PLATE VEGETABLES

Asparagus
Cabbage
Endives
English Peas
Fava Beans
Fennel
Leeks
Mustard Greens
Potatoes
Rainbow Chard
Romanesco
Snap Peas

SEASONAL/LOCAL VEGGIES

Chefs Blend Mushrooms/Hokto Kinoko *
Chanterelle Mushrooms/USA *
Morel Mushrooms/Mixed origin *
Fiddlehead Ferns/NW *
Bloomsdale Spinach/Heirloom Organics *
Rhubarb/NW *
AAA White Asparagus/Holland *
Local English Peas/Tutti Frutti *
Ramps/USA *
Fuzzy Green Almonds/CA *
Stinging Nettles/CA *
CA Asparagus/San Joaquin Delta & Valley *
Cherry Mixed Tomatoes/Valdivia *
Nantes Carrots/Weiser Farms *
Green Spring Garlic/Riverdog *
Torpedo Red Onions w/ tops/Tutti Frutti *
White Spring Onions/Riverdog Farms *
Red Spring Onions/Riverdog Farms *
Baby Turnip/Babe Farms *

*Pre-order item

FRESH ORIGINS

Please reach out to your sales representative for more information on the items we have available.

WINDING DOWN OR DONE

Elephant Garlic	Navel Oranges
Jimmy Nardello Peppers	Blood Oranges
Stem and Leaf Tangerines	Fuzzy Green Almonds
Cara Cara Oranges	CA Meyer Lemons